

# **HEDIS**<sup>TM</sup>

# Quick Reference Guide



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Updated to reflect NCQA HEDIS 2017 Technical Specifications

Louisiana Healthcare Connections strives to provide quality healthcare to our membership as measured through HEDIS quality metrics. We created the HEDIS Quick Reference Guide to help you increase your practice's HEDIS rates. Please always follow the State and/or CMS billing guidance and ensure the HEDIS codes are covered prior to submission.

### WHAT IS HEDIS?

HEDIS (Healthcare Effectiveness Data and Information Set) is a set of standardized performance measures developed by the National Committee for Quality Assurance (NCQA) to objectively measure, report, and compare quality across health plans. NCQA develops HEDIS measures through a committee represented by purchasers, consumers, health plans, health care providers, and policy makers.

### WHAT ARE THE SCORES USED FOR?

As state and federal governments move toward a quality-driven healthcare industry, HEDIS rates are becoming more important for both health plans and individual providers. State purchasers of healthcare use aggregated HEDIS rates to evaluate health insurance companies' efforts to improve preventive health outreach for members.

Physician-specific scores are also used to measure your practice's preventive care efforts. Your practice's HEDIS score determines your rates for physician incentive programs that pay you an increased premium — for example Pay For Performance or Quality Bonus Funds.

### **HOW ARE RATES CALCULATED?**

HEDIS rates can be calculated in two ways: administrative data or hybrid data. Administrative data consists of claim or encounter data submitted to the health plan. Hybrid data consists of both administrative data and a sample of medical record data. Hybrid data requires review of a random sample of member medical records to abstract data for services rendered but that were not reported to the health plan through claims/encounter data. Accurate and timely claim/encounter data reduces the need for medical record review. If services are not billed or not billed accurately, they are not included in the calculation.

### **HOW CAN I IMPROVE MY HEDIS SCORES?**

- Submit claim/encounter data for each and every service rendered
- Make sure that chart documentation reflects all services billed
- Bill (or report by encounter submission) for all delivered services, regardless of contract status
- Ensure that all claim/encounter data is submitted in an accurate and timely manner
- Consider including CPT II codes to provide additional details and reduce medical record requests

### **QUESTIONS?**



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1-866-595-8133

Providers and other health care staff should document to the highest specificity to aid with the most correct coding choice.

### Ancillary staff:

Please check the tabular list for the most specific ICD-10 code choice.

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# **ADULT HEALTH**



### **AMBULATORY/PREVENTIVE HEALTH SERVICES**

Measure evaluates the percentage of members age 20 years and older who had at least one ambulatory or preventive care visit per year. Services that count include outpatient evaluation and management (E&M) Visits, consultations, assisted living/home care oversight, preventive medicine, and counseling.

### Ambulatory Residential/Nursing Facility E&M Visits

СРТ	ICD-10	HCPCS
OUTPATIENT: 99201-99205, 99211-99215 CONSULTATIONS: 99241-99245 NURSING FACILITY, CUSTODIAL CARE: -99341-99345, 99347-99350, 99401-99404 PREVENTIVE MEDICINE: 99381-99387, 99391-9937 COUNSELING: 99401-99404, 99411-99412 OTHER: 99420, 99429	Z00.00, Z00.01, Z00.121, Z00.129, Z00.5, Z00.8, Z02.0-Z02.9	G0402, G0438, G0439, G0463, T1015

### ALCOHOL AND OTHER DRUG DEPENDENCE TREATMENT

Measure evaluates the percentage of adolescent and adult members with a new episode of alcohol or other drug dependence (AOD) who:

- · Initiated dependence treatment within 14 days of their diagnosis
- · Continued treatment with 2 or more additional services within 30 days of the initiation visit

For the follow up treatments, include an ICD-10 diagnosis for Alcohol or Other Drug Dependence from the Mental, Behavioral and Neurodevelopmental Disorder Section of ICD-10 along with a procedure code for the preventive service, evaluation and management consultation or counseling service (see codes below).

### **Treatment Codes to Be Used with Diagnosis Codes**

СРТ	HCPCS
Education: 98960-98962, 99078	G0155, G0176, G0177, G0396, G0397,
E&M: 99201-99205, 99211-99215, 99217-99220	G0410, G0463, G0409-G0411, G0443,
Consultation: 99241-99245	H0001, H0002, H0004, H0005,
Assisted living/Home Care Oversight:	H0007, H0015, H0016, H0020,
99341-99345, 99347-99350,	H0022, H0031, H0034-H0037, H0039,
Preventive Services: 99384-99387, 99394-99397	H0040, H2000, H2001, H2010-H2020,
Counseling: 99401-99404, 99408, 99409, 99411-	H2035, H2036, M0064, S0201, S9480,
99412, 99510	S9484, S9485, T1006, T1012, T1015

### **Treatment in Office**

Use service codes below with the diagnosis code AND a place of service code:

90791, 90792, 90832-90834, 90836-90840, 03, 05, 07, 09, 11-15, 20, 22, 33	3 40 50
90845, 90847, 90849, 90853, 90875-90876 52-53, 57, 71-72	3, 43, 30,

### Treatment in Community Mental Health Center or Psychiatric Facility

Use the service codes below with the diagnosis code and the place of service (POS) code:

СРТ	POS
99221-99223, 99231-99233, 99238, 99239, 99251-99255	52 and 53

### **ASTHMA** (Medication Management)

Measure evaluates the percentage of patients who were identified as having persistent asthma and were dispensed appropriate medications which they remained on during the treatment period within the past year. For Medicare members, the age range measured is 18 to 85 and for Medicaid recipients, the age is 5 to 64.

RATES	нсрсѕ
<b>Medication Compliance 50%</b> : Members who were covered by oneasthma control medication at least 50% of the treatment period	Antiasthmatic combinations, Antibody inhibitor, Inhaled steroid combinations, Inhaled corticosteroids, Leukotriene modifiers, Mast cell stabilizers,
<b>Medication Compliance 75%</b> : Members who were covered by oneasthma control medication at least 75% of the treatment period	Methylxanthines

### **BMI ASSESSMENT**

This measure demonstrates the percentage of members ages 18 to 74 who had their BMI documented during any outpatient visit in the past two years. Recommendation is for adults to have BMI assessed at least every 2 years.

- 1) For patients 20 and over: Code the BMI value on the date of service.
- For patients younger than 20, code the BMI percentile value set on the date of service.
   Ranges and thresholds do NOT meet criteria; a distinct BMI value or percentile is required.

# ICD-10 ICD-10 BMI Value set Z68.1-Z68.45; ICD-10 BMI Percentile Value Set Z68.51-Z85.54

### CARE FOR OLDER ADULTS

Measure evaluates four components:

- At least one functional status assessment per year. Can be a standard assessment tool or notation of either of the following: Activities of Daily Living (ADLs); Instrumental Activities of Daily Living \*(IADL); or at least three of the following: notation of cognitive status, ambulation status, sensory ability (hearing, vision, and speech), and/or other functional independence.
- Evidence of advance care planning and the date of the discussion or the presence of a plan
- 3) At least annually, a review of the patient's medications by a prescribing practitioner. Includes the presence of a medication list and review of the medications. Transitional care management services also meet criteria.
- At least annually, a pain assessment, either through a standardized pain assessment tool or documentation that pain was assessed.

DESCRIPTION	СРТ	CPT CATEGORY II	нсрсѕ
Advance care planning	99497	1157F, 1158F	S0257
Medication review	90863, 99605, 99606	1160F	_
Medication list	_	1159F	G8427
Transitional care management services	99495, 99496	_	_
Functional status assessment	_	1170F	_
Pain assessment	_	1125F, 1126F	_

### **COLORECTAL CANCER SCREENING**

Measure evaluates the percentage of members ages 50-75 who had at least one appropriate screening for Colorectal Cancer in the past year. Appropriate screening is FOBT in 2016, sigmoidoscopy in the last 5 years or colonoscopy in last 10 years. Patients who have a history of colon cancer (Z85.038 or Z85.048) or who have had a total colectomy are exempt from this measure.

### **FOBT**

СРТ	HCPCS
82270, 82274	G0328

### Flexible sigmoidoscopy

СРТ	HCPCS
45330-45335,	G0104
45337-45342,	
45345	

### Colonoscopy

СРТ	HCPCS
44388-44394,	G0105,
44397, 45355,	G0121
45378-45387,	
45391, 45392	

### **COPD EXACERBATION** (Pharmacotherapy Management)

Measure evaluates the percentage of COPD exacerbations for members age 40 and older, had an acute inpatient stay or ED visit and who were dispensed appropriate medications.

Intent is to measure compliance with recommended pharmacotherapy management for those with COPD exacerbations.

RATES	DESCRIPTION
<b>Systemic Corticosteroid:</b> Dispensed prescription for systemic corticosteroid within 14 days after the episode.	Glucocorticoids
<b>Bronchodilator:</b> Dispensed prescription for a bronchodilator within 30 days after the episode date.	Anticholinergic agents, Beta 2-agonists, Methylxanthines

### **COPD** (Spirometry Testing in the Assessment and Diagnosis)

Measure evaluates the percentage of members age 40 and older with a new diagnosis of COPD or newly active COPD, who received appropriate spirometry testing to confirm the diagnosis. Spirometry testing should be completed within 6 months of the new diagnosis or exacerbation.

СРТ
94010, 94014-94016, 94060, 94070, 94375,
94620

### **DIABETES CARE** (Comprehensive)

Measure demonstrates the percentage of members ages 18-75 with diabetes (types 1&2) who were compliant in the following submeasures:

**HbA1c Test:** is completed at least once per year (includes rapid A1c).

СРТ	CPT II	HCPCS
83036, 83037	_	_

**Eye Exam:** a retinal or dilated eye exam by an eye care professional (optometrist or ophthalmologist) is completed every year OR a negative retinal exam (no evidence of retinopathy) by an eye care professional in the year prior. CPT II code 3072F reflects a dilated retinal exam negative for retinopathy.

0000 0000 0000 0000	00005 00045 00005 00505	00000 00001 00005 00000
67028, 67030, 67031, 67036,	2022F, 2024F, 2026F, 3072F	S0620, S0621, S0625, S3000
67039-67043, 67101, 67105,		
67107, 67108, 67110, 67112,		
67113, 67121, 67141, 67145,		
67208, 67210, 67218, 67220,		
67221, 67227, 67228, 92002,		
92004, 92012, 92014, 92018,		
92019, 92134, 92225-92228,		
92230, 92235, 92240, 92250,		
92260, 99203-99205, 99213-		
99215, 99242-99245		

**Nephropathy Screening Test:** is performed at least once per year. A member who is on ACE/ARBs or has nephropathy is compliant for this submeasure.

81000-81003, 81005, 82042-	3060F-3062F, 3066F, 4010F	_
82044, 84156		

### MEDICATION RECONCILIATION POST-DISCHARGE

Measure evaluates the percentage of discharges for members age 18 and older for whom medications at discharge were reconciled against the outpatient medical record on or within 30 days of discharge.

СРТ	CPT CATEGORY II
99495, 99496	1111F

### MONITORING FOR PATIENTS ON PERSISTENT MEDICATIONS (Annual)

### **ACE Inhibitors or ARBs:**

Members who are 18 years of age and older who received at least 180 treatment days of ACE inhibitors or ARBs within the past year should have at least one:

 Serum potassium and one serum creatinine test annually Digoxin: Members who are 18 years of age and older who received at least 180 treatment days of digoxin within the past year should have at least one:

 Serum potassium, one serum creatinine test, and one serum digoxin test annually Diuretics: Members who are 18 years of age and older who have received at least 180 treatment days of a diuretic within the past year should have at least one

 One serum potassium and one serum creatinine test annually

DESCRIPTION	СРТ
Lab panel	80047, 80048, 80050, 80053, 80069
Serum potassium (K+)	80051, 84132
Serum creatinine (SCr)	82565, 82575
Digoxin level	80162

# PERSISTENCE OF BETA-BLOCKER TREATMENT AFTER A HEART ATTACK

Measure evaluates the percentage of members age 18 and older who were hospitalized and discharged with a diagnosis of AMI and who received persistent beta-blocker treatment for six months after discharge.

DESCRIPTION	СРТ	
Non-cardioselective beta-blockers	Carvedilol, Labetalol, Nadolol, Penbutolol, Pindolol, Propranolol, Timolol, Sotalol	
Cardioselective beta-blockers	Acebutolol, Atenolol, Betaxolol, Bisoprolol, Metoprolol, Nebivolol	
Antihypertensive combinations	Atenolol-chlorthalidone, Bendroflumethiazide- nadolol, Bisoprolol-hydrochlorothiazide, Hydrochlorothizide-metoprolol, Hydrochlorothizide-propranolol	

HOTES		

NOTES

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# **WOMEN'S HEALTH**



### **BREAST CANCER SCREENING**

Measure evaluates the percentage of women ages 50–74 who had a mammogram at least once in the past 27 months. Women who have had a bilateral mastectomy are exempt from this measure. Diagnostic screenings are not compliant.

Mammography Screening:

СРТ	нсрсѕ
77055-77057	G0202

History of Bilateral Mastectomy

ICD10	
Z90.13	

### **CERVICAL CANCER SCREENING**

Measure evaluates the percentage of women ages 21–64 who were screened for cervical cancer using either of the following criteria:

- 1) Cervical cytology performed every 3 years for women ages 21-64
- 2) Cervical cytology/human papillomavirus (HPV) co-testing performed every 5 years (must occur within 4 days of each other) for women ages 30–64. \*\*HPV testing in response to a positive cervical cytology test is not compliant.
- Women who have had a hysterectomy without a residual cervix are exempt from this measure.

### Cervical Cytology Codes (ages 21-64):

СРТ	HCPCS
88141-88143, 88147,	G0123, G0124, G0141,
88148, 88150, 88152-	G0143-G0145, G0147,
88154, 88164-88167,	G0148, P3000,
88174, 88175	P3001, Q0091

# Ages 30-64 years old, Code from Cervical Cytology plus one

СРТ
87620-87622, 87624, 87625 (ADD column for HPCS and code G0476)

### **HPV** code:

Absence of Cervix

**ICD10**Q51.5, Z90.710, Z90.712

### CHLAMYDIA SCREENING

Measure evaluates the percentage of women ages 16 to 24 who are sexually active who had at least one test for Chlamydia during the year. Chlamydia tests can be completed using any method, including a urine test. "Sexually active" is defined as a woman who has had a pregnancy test; testing or diagnosis of any other sexually transmitted disease; is pregnant or has been prescribed birth control.

# **CPT**87110, 87270, 87320, 87490-87492, 87810

### OSTEOPOROSIS MANAGEMENT IN WOMEN WHO HAD A FRACTURE

Measure evaluates the percentage of women age 67–85 years of age who suffered a fracture and who had either a bone mineral density (BMD) test or prescription for a drug to treat osteoporosis in the 6 months after the fracture.

### **Bone Density Tests**

СРТ	нсрсѕ	ICD-10	PRESCRIPTION
76977, 77078, 77080- 77082, 77085, 77086	G0130	BP48ZZ1, BP49ZZ1, BP4GZZ1, BP4HZZ1, BP4LZZ1, BP4MZZ1, BP4NZZ1, BP4PZZ1, BQ00ZZ1, BQ01ZZ1, BQ3ZZ1, BQ04ZZ1, BR00ZZ1, BR07ZZ1, BR09ZZ1, BR0GZZ1	— Biphosphonates: (Alendronate, Risedronate, Ibandronate, Zoledronic acid, Alendronate- cholecalciferol), Other agents: Calcitonin, Denosumab, Raloxifene, Teriparatide

### **POSTPARTUM VISITS**

Measure evaluates the percentage of women who delivered a baby and who had their postpartum visit on or between 21 and 56 days after delivery (3 and 8 weeks). If a bundled service code is used, submit the encounter for the postpartum service using a code below.

### **Any Postpartum Visit:**

СРТ	ICD-10	HCPCS
57170, 58300, 59430, 99501, 0503F	Z01.411, Z01.419, Z01.42, Z30.430, Z39.1, Z39.2	G0101

### **Any Cervical Cytology Procedure:**

СРТ	HCPCS
88141-88143, 88147, 88148, 88150, 88152-	G0123, G0124, G0141, G0143-G0145, G0147,
88154, 88164-88167, 88174, 88175	G0148, P3000, P3001, Q0091

### **PRENATAL VISITS**

### **TIMELINESS OF FIRST VISIT AND FREQUENCY OF VISITS**

Measure evaluates the percentage of pregnant women who had their first prenatal visit in the first trimester or within 42 days of enrollment with the plan. Also, the frequency of prenatal visits is assessed.

If a bundled service code is used, submit any prenatal visits as encounters to count

- For OB or PCP provider types, choose to submit Stand Alone Prenatal Visit codes
- OB provider types may also submit any Prenatal Visit code in conjunction with any code for Other Prenatal Services
- PCP provider types can also submit any Stand Alone Prenatal Visit code and any code for Other Prenatal Services along with a pregnancy diagnosis.
- Other Prenatal Services
   (any one listed): Obstetric
   Panel, Prenatal Ultrasound,
   Cytomegalovirus and
   Antibody Levels for
   Toxoplasma, Rubella, and
   Herpes Simplex, Rubella
   antibody and ABO, Rubella
   and Rh, Rubella and ABO/
   Rh

### Stand Alone Prenatal Visit Codes

СРТ	HCPCS
99500, 0500F, 0501F, 0502F	H1000-H1004

### Prenatal Visit Codes (to Use with Pregnancy Diagnosis or Other Prenatal Services)

99201-99205, 99211-99215, 99241-99245	GO463, T1015

# NOTES




# PEDIATRIC HEALTH



### **ACCESS TO PRIMARY CARE PRACTITIONERS**

Measure evaluates the percent of children ages 12 months–19 years who had an outpatient visit within the year with a Primary Care Physician.

### Office or Other Outpatient Services

СРТ
99201-99205, 99211-99215, 99241-99245

### **Home Services**

СРТ
99341-99345, 99347-99350

### Flexible sigmoidoscopy

СРТ	нсрсѕ	ICD-10
99381-99385, 99391-99395, 99401-99404, 99411 99412, 99420, 99429	G0402, G0438, G0439, G0463, T1015	Z00.110-Z00.129 Z00.00- Z02.9

### **General Medical Examination**

СРТ
Z00.129, Z00.00, Z00.01, Z00.121, Z00.5, Z00.8, Z02.0 - Z02.9

### ADHD MEDICATION FOLLOW-UP CARE

Measure demonstrates the percent of children ages 6–12 newly prescribed an ADHD medication that had at least three follow-up care visits within a 10 month period, one of which was within 30 days of when the first ADHD medication was dispensed. The intent of the measure is to assess medication impact and side effects and therefore, visits with a counselor does not count. The visit should be with a practitioner with prescribing authority. Two rates:

**Initiation Phase:** one face-to-face outpatient follow-up visit with a prescribing practitioner within 30 days after the date the ADHD medication was newly prescribed.

СРТ	нсрсѕ
Health/Behavior Assessment: 96150-96154 Education: 98960-98962, 99078 Office or Outpatient Visit: 99201-99205, 99211-99215, 99217-99220, 99241-99245 Assisted Living/Home Care Oversight: 99341-99345; 99347-99350 Preventive Medicine: 99382-99384, 99391-99394 Counseling: 99401-99404, 99411-99412	G0155, G0176, G0177, G0409-G0411, G0463, H0002, H0004, H0031, H0034-H0037, H0039, H0040, H2000, H2001, H2010-H2020, M0064, S0201, S9480, S9484, S9485, T1015

СРТ		POS
90791, 90792, 90832-90834, 90836- 90840, 90845, 90847, 90849, 90853, 90857, 90862, 90875, 90876	WITH	3, 5, 7, 9, 11-20, 22, 33, 49, 50, 52, 53, 71, 72
99221-99223, 99231-99233, 99238, 99239, 99251-99255	WITH	52, 53

**Continuation and Maintenance Phase:** Two more follow-up visits from 31 to 210 days after the first ADHD medication was newly prescribed. One of the two visits may be a telephone visit with the prescribing practitioner.

CODES TO IDENTIFY VISITS	CPT CODES TO IDENTIFY TELEPHONE VISITS
Any code noted above in the initiation phase.	9896-98968, 99441-99443

### **ASTHMA (MEDICATION MANAGEMENT)**

Measure evaluates the percentage of members ages 5–85 who were identified as having persistent asthma and were dispensed appropriate medications which they remained on during the treatment period within the past year.

RATES	APPROPRIATE MEDICATIONS
Medication Compliance 50%: Members who were covered by one asthma control medication at least 50% of the treatment period	Antiasthmatic combinations, Antibody inhibitor, Inhaled steroid combinations, Inhaled corticosteroids, Leukotriene modifiers, Mast cell stabilizers, Methylxanthines and Short-acting, inhaled beta-2
Medication Compliance 75%: Members who were covered by one asthma control medication at least 75% of the treatment period	agonists

### **DENTAL VISIT (ANNUAL)**

Measure evaluates the percentage of members ages 2–20 who had at least one dental exam with a dental practitioner in the past year.

### **IMMUNIZATIONS**

**Childhood Immunizations:** percentage of 2 year olds that have all of the required immunizations listed below by age 2.

Note: Parent refusal for any reason is not a valid exclusion.

IMMUNIZATION	DETAILS	СРТ	HCPCS	cvx
DTaP	At least 4 doses < age 2	90698, 90700, 90721, 90723		20, 50, 106, 110, 120
IPV	At least 3 doses < age 2	90698, 90713, 90723	_	10, 110, 120
MMR	At least 1 dose < age 2	90707, 90710 Measles/ Rubella-90708	_	03, 94
		Mumps-90704, Measles-90705, Rubella-90706	_	Mumps-07, Measles-05, Rubella-06

### **IMMUNIZATIONS (CONTINUED)**

IMMUNIZATION	DETAILS	СРТ	HCPCS	cvx
Hib	At least 3 doses < age 2	90645-90648, 90698, 90721, 90748	_	46-51, 120, 148
Hepatitis B	At least 3 doses < age 2	90723, 90740, 90744, 90747, 90748 ICD10: 99.55, ICD10PCS: 3E0234Z	G0010	08, 44, 51, 110
VZV	At least 1 doses < age 2	90710, 90716	_	21, 94
Pneumococcal	At least 4 doses < age 2	90669, 90670	G0009	100, 133
Hepatitis A	At least 1 doses < age 2	90633	_	83
Rotavirus <sup>1</sup>	Before age 2: 2 doses of 2-dose vaccine; 1 dose of the 2 dose vaccine and 2 doses of the 3 dose vaccine or 3 doses	2 dose schedule-90681 schedule-90681	_	119
	of the 3 dose vaccine	3 dose schedule-90680		116
Influenza	At least 2 doses < age 2	90655, 90657, 90661, 90662, 90673, 90685, 90687	G0008	135, 140- 141, 153, 155, 161, 166

<sup>1</sup> Record must document if Rotavirus is 2 or 3 dose vaccine.

**Adolescent Immunizations:** percentage of adolescents turning 13 who had all the required immunizations listed below.

Meningococcal	1 on or between 11th – 13th birthdays	90644, 90734	_	136, 148
Tdap	1 on or between 10th - 13th birthdays	Tdap-90715	_	115
Human Papillomavirus (HPV)	Three doses by 13th birthday	90649-90651	_	62, 118, 165

### **Exclusions for Immunizations**

**Any vaccine** • Anaphylactic reaction

**DtaP** • Encephalopathy with a vaccine adverse-effect

MMR, VZV and influenza · Immunodeficiency

· HIV

· Lymphoreticular cancer, multiple myeloma or leukemia

Anaphylactic reaction to neomycin

**Rotavirus** • Severe combined immunodeficiency

· History of intussusception

IPV · Anaphylactic reaction to streptomycin, polymyxin B or

**Hepatitis B** neomycin

· Anaphylactic reaction to common baker's yeast

### **LEAD SCREENING IN CHILDREN**

Measure evaluates the percentage of children who had a screening test for lead poisoning at least once prior to their second birthday. A lead screening completed in the practitioner office is also allowable.

СРТ

83655

### **PHARYNGITIS (APPROPRIATE TESTING)**

Measure evaluates the percentage of children age 3-18 diagnosed with pharyngitis, dispensed an antibiotic and received a group A streptococcus (strep) test for the episode. A higher rate represents better performance (i.e., appropriate testing). Ensure any secondary diagnoses indicating the need for an antibiotic are submitted on the claim. Rapid strep tests in the office are acceptable and should be billed.

СРТ

87070, 87071, 87081, 87430, 87650-87652, 87880

### **UPPER RESPIRATORY INFECTION (APPROPRIATE TREATMENT)**

Measure evaluates the percentage of children age 3 months–18 years who were given a diagnosis of upper respiratory infection (URI) and were not dispensed an antibiotic prescription. Ensure any secondary diagnoses indicating the need for an antibiotic are submitted on the claim

# WEIGHT ASSESSMENT AND COUNSELING FOR NUTRITION AND PHYSICAL ACTIVITY

Measure demonstrates the percentage of members ages 3–17 who had an outpatient visit with a PCP or OB/GYN and who had evidence of the following completed at least annually: 1) BMI percentile documentation1; 2) counseling for nutrition; 3) counseling for physical activity.

DESCRIPTION	СРТ	ICD-10 DIAGNOSIS	нсрсѕ
BMI Percentile		Z68.51-Z68.54	_
Counseling for Nutrition	97802-97804	Z71.3	G0270, G0271, G0447, S9449, S9452, S9470
Counseling for Physical Activity	_	Z02.5	G0447, S9451

Because BMI norms for youth vary with age and gender, this measure evaluates whether BMI percentile is assessed rather than an absolute BMI value. The percentile ranking is based on the Centers for Disease Control and Prevention's (CDC) BMI-for-age growth charts.

Pregnant members excluded.

### WELL CHILD AND ADOLESCENT WELL CARE VISITS

Components of a comprehensive well visit include:

- 1) a health history; 2) a physical developmental history; 3) a mental developmental history;
- 4) a physical exam; and 5) health education/anticipatory guidance.

Visits must be with a primary care practitioner (pediatrician, family practice, OB/GYN), even though the PCP does not have to be the practitioner assigned to the child. Assessment or treatment of an acute or chronic condition do not count toward the measure. Use age-appropriate codes when submitting well child visits.

### Well Child Visits in the First 15 Months of Life

Measure evaluates the percentage of infants who had 6 comprehensive well care visits within the first 15 months of life. Initial hospital care for evaluation and management of normal newborn infant counts toward the measure (99461).

СРТ	ICD-10 DIAGNOSIS	HCPCS
99381, 99382, 99391, 99392, 99461	Z00.110, Z00.111, Z00.121, Z00.129, Z00.8, Z02.0, Z02.71, Z02.79, Z02.81, Z02.82, Z02.83, Z02.89, Z02.9	G0438, G0439

### Well Child Visits, Ages 3-6 Years Old

Measure evaluates the percentage of children ages 3, 4, 5 or 6 years old who had at least one comprehensive well care visit per year.

СРТ	ICD-10 DIAGNOSIS	HCPCS
99382, 99383, 99392, 99393	Z00.121, Z00.129, Z00.8, Z02.0, Z02.2, Z02.5, Z02.6, Z02.71, Z02.79, Z02.81, Z02.82, Z02.83, Z02.89, Z02.9	G0438, G0439

### **Adolescent Well Care Visits**

Measure evaluates the percentage of adolescents age 12–21 years old who had at least one comprehensive well care visit per year.

СРТ	ICD-10 DIAGNOSIS	HCPCS
99384, 99385, 99394, 99395	Z00.00, Z00.01, Z00.121, Z00.129, Z00.8, Z02.0, Z02.1, Z02.2, Z02.3, Z02.4, Z02.5, Z02.6, Z02.71, Z02.79, Z02.81, Z02.82, Z02.83, Z02.89, Z02.9	G0438, G0439

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